The Maldives' Most Ethical Burger



Gluten free, dairy free, low carb 34++



Burrata Creamy burrata, kulha fila greens, homegrown basil, Parma ham, extra virgin olive oil	30
Tuna Tartare Red tuna, avocado, chives, seaweed tartare, espellette pepper, dill	28
Fish Ceviche Local reef fish, coconut, chilli, coriander, lime	26
Salmon Maki Roll Wasabi, pickled ginger, soy sauce, NZ Regal king salmon	25
Spicy Tuna Maki Tuna, spicy yuzu mayo, tobiko, ginger, wasabi	24
Summer Rolls Homegrown kulha fila greens, vermicelli noodles, mango, Vietnamese sauce	22
SOUP	
Borscht Cape Grim beef, vegetables, sour cream, garlic	25
Chicken Sweetcorn Chicken, egg drop, corn, spring onion	24
Cream of Tomato Cream, tomato soup, garlic croutons	22
Tomato Gazpacho Cherry tomato, feta cheese, basil, extra virgin olive oil	22
SALAD	
Crab Salad Crab, gem lettuce, fennel, cherry tomato, parmesan, espelette pepper, lime zest, mayo	36
Quinoa Salad Red quinoa, avocado, corn, kulha fila, grapefruit, honey lime dressing	25
Greek Salad Feta cheese, olive, cucumber, mixed bell pepper, tomato and lemon vinaigrette	24
Roasted Pumpkin Salad n Almond, spinach, avocado, red cabbage, apple, chia seed, lemon dressing	24
Caesar Salad Cos lettuce, shaved aged parmigiano, pork bacon, soft boiled egg, anchovy, crouton Chicken Grilled tiger prawn	24 26 29
Mystique Garden Salad Mixed greens, red cabbage, shredded carrot, avocado, radish, apple cider vinegar, olive oil Boiled egg Seared Maldivian tuna NZ Regal smoked king salmon	24 26 28 28

n - Contains Nuts. a - contains Alcohol

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INFLUENCES OF ASIA

Maldivian Mas Riha Traditional Maldivian tuna curry, rice, curry leaf, mashuni, chapati	32
Indian Vegetable Curry Mixed vegetables, curry leaf, rice, paratha, chutney, raita	28
Indonesian Nasi Goreng Jasmine rice, Hazeldenes chicken, chili sambal, egg, chili pickle	34
Stir-Fried Noodles Egg noodles, egg, prawn, garlic, vegetables	34
Phad Thai <i>n</i> Rice noodles, vegetable, bean sprout, egg, peanuts Hazeldenes chicken Prawn	28 32 34
PASTA	
Seafood Spaghetti Prawn, scallop, reef fish, mussel in tomato sauce	34
Spaghetti Bolognaise Cape Grim beef sauce, pomodoro, aged parmesan	34
Penne Carbonara Cured pork, black pepper, egg	32
Tuna Orecchiette Turmeric, tomato, mas mirus, crispy curry leaf	32
Broccoli Orecchiette Chilli flakes, parmigiano, lemon zest	28
Penne Arrabbiata Garlic, tomato, red chilli	28
Spaghetti Aglio E Olio Fresh chilli flakes, olive oil, parsley, crispy garlic	28

BURGERS & SANDWICHES

Served with fries.

Ethical Burger <i>n</i> Cape Grim beef, Dingley Dell bacon, egg, kulha fila greens, cucumber pickle, banana ketchup, homegrown oyster mushroom, almond flaxseed roll	36
Amilla Beef Burger Fried egg, gem lettuce, tomato, caramelized onion, pork bacon, cheese	34
Amilla Club Sandwich Poached Hazeldenes chicken, Dingley Dell pork bacon, tomato, mayonnaise, fried egg, lettuce	32
Warm Chicken Tikka Wrap White onion, cucumber, tomato, cucumber yoghurt	30
Vegetable Ciabatta Grilled eggplant, zucchini, bell pepper, feta cheese, rocket salad, basil pesto mayo	30
Falafel Burger Chickpea, beetroot, yoghurt, lettuce, tomato	28
MAIN	
Seafood Platter Lobster, tiger prawn, calamari, reef fish, scallop, tartare, vierge, french fries, corn	88*
Cape Grim Beef Ribeye 200g <i>a</i> Mashed potato, sauteed vegetables, mushroom, red wine jus	52*
Tamari Salmon NZ Regal king salmon, homegrown bok choy, garlic, wasabi tamari sauce	40
Fregola Sarda Pasta, cream, parmesan cheese, chopped chives, truffle	39
Maldivian Tuna Steak Sautéed homegrown spinach, mashed pumpkin, herb oil	38
Marinated Chicken Hazeldenes chicken, mushroom, spinach, cream, garlic	38
Reef Fish of The Day Grilled vegetables, lemon butter sauce	36
Cauliflower Steak Cauliflower purée, capers, raisin	32

SIDES

Grilled Asparagus	11
Mixed Leaves Salad	9
Truffle & Parmesan Fries	9
French Fries	7
Roasted Vegetables	7
Sweet Potato Fries	7
DESSERT	
Truffle Chocolate Brownie <i>n</i> Cashew brownie, praline	24
Coconut Panna Cotta Green apple sorbet, coconut gel	22
Date Nut Bar n Date cream	22
Hummingbird Passion Cake Banana, passionfruit, sorbet	22
Tropical Sun Cake n Almond cashew cake, vanilla rosemary ice cream	22
Coconut Crème Brûlée Crumble, coconut sorbet	20
Whole Orange Cake n White chocolate sorbet	20
Homemade Ice cream	0

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LIGHT BITES Avocado Tartare 24 Avocado, chives, seaweed tartare, espellette peppers, garden dill Summer Rolls 22 Homegrown kulha fila greens, vermicelli noodles, mango, Vietnamese sauce Spicy Cucumber Maki 22 Cucumber, spicy yuzu mayo, tempura, ginger, wasabi Hummus Platter 20 Vegan pita bread, carrot sticks **SOUP** Tomato Gazpacho 22 Cherry tomatoes, feta cheese, basil, olive oil vegetarian Tomato Soup 22 Aromatic tomato, basil, garlic croutons SALAD Fennel Salad 26 Heart of gem lettuce, fennel, cherry tomato, espelette pepper, lime zest, vegan mayo Ouinoa Salad 25 Red quinoa, avocado, corn, kulha fila, grapefruit, honey lime dressing Roasted Pumpkin Salad n 24 Almond, spinach, avocado, red cabbage, apple, chia seed, lemon dressing Mystique Garden Salad Mixed green, red cabbage, shredded carrot, avocado, radish, apple cider vinegar, olive oil 24 26 Boiled egg *vegetarian* **BURGERS & SANDWICHES** Served with fries. Quinoa Burger 30 Quinoa patty, lettuce, oyster mushroom, kulha fila, cucumber pickle, banana ketchup Warm "Chicken" Wrap 29 White onion, cucumber, tomato, crispy vegan chicken slices Falafel Burger vegetarian 28 Chickpea, beetroot, yoghurt, lettuce, tomato Vegan Club Sandwich 28 Grilled vegetables, mushroom, sundried tomato, avocado, lettuce, tapenade Vegetable Ciabatta 28 Grilled eggplant, zucchini, bell pepper, rocket salad, vegan mayo

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INFLUENCES OF ASIA	
Indonesian Nasi Goreng <i>vegetarian</i> Spicy fried rice, fried egg, crispy garlic, crispy "vegan chicken" slices	32
Maldivian "Prawn" Riha Traditional Maldivian curry, rice, curry leaf, chapati, plant-based prawn	32
Stir-Fried Noodles Rice noodles, plant-based prawns, garlic, vegetables	32
Indian Vegetable Curry Mixed vegetables, curry leaf, rice, paratha, chutney, raita	28
Phad Thai <i>n</i> Rice noodles, vegetable, bean sprout, egg, peanuts <i>vegetarian</i> Crispy "soy chicken" slices Plant-based king prawns	28 30 32
PASTA	
"Seafood" Spaghetti Plant-based prawn, fish, calamari in tomato sauce	34
Broccoli Orecchiette Chilli flakes, parmigiano, lemon zest	28
Spaghetti Aglio E Olio Fresh chilli flakes, olive oil, parsley, crispy garlic	28
Penne Arrabbiata Garlic, pomodoro, red chilli	28
MAIN	
"Seafood" Platter Plant-based battered tiger prawn, calamari, fishless fillet, vierge sauce, French fries, corn	75*
Fregola Sarda Fregola, cream, parmesan cheese, chopped chives, truffle <i>vegetarian</i>	39
Tamari "Fish" Fishless fillet, homegrown bok choy, garlic, wasabi tamari sauce	34
Cauliflower Steak Cauliflower purée, capers, raisin	31

SIDES

Grilled Asparagus	11
Truffle & Parmesan Fries	10
Sweet Potato Fries	9
Mixed Leaves Salad	9
French Fries	8
Roasted Vegetables	8
DESSERT	
Vegan Chocolate Fondant	24
Coconut Panna Cotta	22
Green apple sorbet, coconut gel	
Mango Sticky Rice	22
Home Made Sorbet	0

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Burrata Creamy burrata, kulha fila rocket, homegrown basil, Parma ham, extra virgin olive oil	30
Tuna Tartare Red tuna, avocado, chives, seaweed tartare, espellette peppers, garden dill	28
Fish Ceviche Local reef fish, coconut, chili, coriander, lime	26
SALAD	
Crab Salad Crab, gem lettuce, fennel, cherry tomato, parmesan, espelette pepper, lime zest, mayo	36
Roasted Pumpkin Salad n Almond, spinach, avocado, red cabbage, apple, chia seed, lemon dressing	24
Caesar Salad Cos lettuce, shaved aged parmesan, pork bacon, soft boiled egg, anchovy Chicken	24 26
Poached prawn	29
Mystique Garden salad Mixed green, red cabbage, carrot, avocado, radish, apple cider vinegar, olive oil Boiled egg Seared tuna Smoked salmon	24 26 28 28
SOUP	
Borscht <i>low carb</i> Cape Grim beef, vegetable, sour cream, garlic	25
Tomato Gazpacho <i>low carb</i> Cherry tomatoes, feta cheese, basil, olive oil	22

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KONJAC PASTA	
Seafood Spaghetti Prawn, scallop, reef fish, mussel in tomato sauce	34
Spaghetti Bolognaise Prime beef sauce, pomodoro, aged parmesan	34
Penne Carbonara Cured pork, black pepper, egg	32
Tuna Spaghetti Turmeric, tomato, mas mirus, crispy curry leaf	32
Penne Arrabbiata Garlic, pomodoro, red chilli	28
Spaghetti Aglio E Olio Fresh chilli flakes, olive oil, parsley, crispy garlic	28
INFLUENCES OF ASIA	
Indonesian Nasi Goreng Spicy fried konjac rice, fried egg, crispy garlic, chicken	34
Maldivian Mas Riha Traditional Maldivian tuna curry, konjac rice, curry leaf, mashuni Phad Thai n	32
Konjac noodles, vegetable, bean sprout, egg, peanuts Chicken Prawn	28 32 34
BURGERS & SANDWICHES	
Ethical Burger <i>n</i> Cape Grim Beef, Dingley Dell bacon, egg, kulha fila greens, cucumber pickle, banana ketchup, oyster mushroom on an almond flaxseed roll	36
Amilla Burger n Fried egg, gem lettuce, pork bacon, cheese, almond flaxseed roll	34
Amilla Club Sandwich <i>n</i> Poached chicken, pork bacon, sriracha mayonnaise, fried egg, lettuce, almond flaxseed roll	32
Warm Tuna Open Sandwich n Seared tuna, harissa mayo, lettuce, onion, fresh herbs, almond flaxseed roll	28
Warm Chicken Tikka n White onion, cucumber, cucumber voghurt almond flaxseed roll	30

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GRILL SELECTION Cape Grim Beef Ribeye 200g 52* Sauteed vegetables, mushroom Tamari Salmon 40 NZ Regal king salmon, homegrown bok choy, garlic, wasabi tamari sauce Locally Caught Tuna Steak 38 Sautéed spinach, herb oil Marinated Chicken 38 Hazeldenes chicken, mushroom, spinach, cream, garlic Reef Fish of The Day 36 Grilled vegetables, lemon butter sauce Cauliflower Steak 32 Cauliflower purée, capers **SIDES** Grilled Asparagus 11 Mixed Leaves Salad 9 Sweet Potato Fries low carb 9 Roasted Vegetables 8 **DESSERT** Chocolate Brownie n 24 Cashew brownie, praline Coconut Panna Cotta 22 Green apple sorbet, coconut gel Sugar-Free Ice Cream ()

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Burrata Creamy burrata, kulha fila rocket, basil from the garden, Parma ham, extra virgin olive oil	30
Tuna Tartare Red tuna, Avocado, chives, seaweed tartare, espellette peppers, garden dill	28
Fish Ceviche Local reef fish, coconut, chilli, coriander, lime	26
Salmon Maki Roll Wasabi, pickled ginger, soy sauce, NZ Regal king salmon	25
Spicy Tuna Maki Tuna, spicy yuzu mayo, tobiko, ginger, wasabi	24
Summer Rolls Homegrown kulha fila greens, vermicelli noodles, mango, Vietnamese sauce	22
SOUP	
Borscht Cape Grim beef, vegetable, sour cream, garlic	25
Chicken Sweetcorn Chicken, egg drop, corn, spring onion	24
Cream of Tomato Soup Cream, tomato soup	22
Tomato Gazpacho Cherry tomatoes, feta cheese, basil, olive oil	22
SALAD	
Crab Salad Crab, gem lettuce, fennel, cherry tomato, parmesan, espelette pepper, lime zest, mayo	36
Quinoa Salad Red quinoa, avocado, corn, kulha fila, grapefruit, honey lime dressing	25
Greek Salad Feta cheese, olive, cucumber, mixed bell pepper, tomato and lemon vinaigrette	24
Roasted Pumpkin Salad <i>n</i> Almond, spinach, avocado, red cabbage, apple, chia seed, lemon dressing	24
Caesar Salad Cos lettuce, shaved aged parmesan, pork bacon, soft boiled egg, anchovy Chicken Grilled tiger prawn	24 26 29
Mystique Garden Salad Mixed green, red cabbage, shredded carrot, avocado, radish, apple cider vinegar, olive oil Boiled egg Seared Maldivian tuna NZ Regal king smoked salmon	24 26 28 28

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INFLUENCES OF ASIA	
Indonesian Nasi Goreng	34
Jasmine rice, Hazeldenes chicken, chili sambal, egg, chili pickle	
Stir-Fried Noodles	34
Rice noodles, egg, prawn, garlic, vegetables	
Maldivian Mas Riha	32
Traditional Maldivian tuna curry, rice, curry leaf, mashuni	
Indian Vegetable Curry	28
Mixed vegetables, curry leaf, rice, chutney, raita	
Phad Thai n	2.0
Rice noodles, vegetable, bean sprout, egg, peanuts Hazeldenes chicken	28 32
Prawn	34
TTQVII	27
PASTA	
Seafood Spaghetti	34
Prawn, scallop, reef fish, mussel in tomato sauce	
Spaghetti Bolognaise	34
Prime beef sauce, pomodoro, aged parmesan	
Penne Carbonara	32
Cured pork, black pepper, egg	
Tuna Spaghetti	32
Turmeric, tomato, mas mirus, crispy curry leaf	
Penne Arrabbiata	28
Garlic, pomodoro, red chilli	
Spaghetti Aglio E Olio	28
Fresh chilli flakes, olive oil, parsley, crispy garlic	
DUDGEDG & CANDWIGHEG	
BURGERS & SANDWICHES	
Served with fries.	
Ethical Burger //	36
Cape Grim Beef, Dingley Dell bacon, egg, kulha fila greens, cucumber pickle, banana ketchup, oyster mushroom on an almond flaxseed roll	
, ,	34
Amilla Burger <i>n</i> Fried egg, gem lettuce, pork bacon, cheese, almond flaxseed roll	34
Amilla Club Sandwich //	32
Poached chicken, pork bacon, mayonnaise, fried egg, lettuce, almond flaxseed roll	32
,	20
Warm Tuna Open Sandwich <i>n</i> Seared tuna, harissa mayo, lettuce, onion, fresh herbs, almond flaxseed roll	30
Warm Chicken Tikka n	20
White onion, cucumber, cucumber yoghurt almond flaxseed roll	30
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Guests on Full-Board and All-Inclusive meal plans are entitled to 2 courses.

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MAIN

Seafood platter Lobster, tiger prawn, calamari, fish, scallop, tartare sauce, vierge sauce, French fries, corn	88*
Cape Grim Beef Ribeye 200g a	52*
Mashed potato, sauteed vegetables, mushroom, red wine jus	0 _
Seared Salmon NZ Regal king salmon, homegrown bok choy, garlic, wasabi tamari sauce	40
Locally Caught Tuna Steak Sautéed spinach, mash, herb oil	38
Marinated Chicken Hazeldenes chicken, mushroom, spinach, cream, garlic	38
Reef Fish of The Day Grilled vegetables, lemon butter sauce	36
Cauliflower Steak Cauliflower purée, capers, raisin	32
SIDES	
Grilled Asparagus	11
Truffle & Parmesan Fries	10
Mixed Leaves Salad	9
Sweet Potato Fries	9
French Fries	8
Roasted Vegetables	8
DESSERT	
Truffle Chocolate Brownie <i>n</i> Cashew brownie, praline	24
Coconut Panna Cotta Green apple sorbet, coconut gel	22
Date Nut Bar n Date cream	22
Hummingbird Passion Cake Banana, passionfruit, sorbet	22
Tropical Sun Cake <i>n</i> Almond cashew cake, vanilla rosemary ice cream	22
Coconut Crème Brûlée Crumble, coconut sorbet	20
Whole Orange Cake n White chocolate sorbet	20
Homemade Ice cream	0

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Tuna Tartare Red tuna, avocado, chives, seaweed tartare, espellette peppers, garden dill	28
Fish Ceviche Local reef fish, coconut, chilli, coriander, lime	26
Salmon Maki Roll Wasabi, pickled ginger, soy sauce, NZ Regal king salmon	25
Spicy Tuna Maki Tuna, spicy yuzu mayo, tobiko, ginger, wasabi	24
Summer Rolls Homegrown kulha fila greens, vermicelli noodles, mango, Vietnamese sauce	22
SALAD	
Crab Salad Crab, gem lettuce, fennel, cherry tomato, parmesan, espelette pepper, lime zest, mayo	36
Quinoa Salad Red quinoa, avocado, corn, kulha fila, grapefruit, honey lime dressing	25
Roasted Pumpkin Salad n Almond, spinach, avocado, red cabbage, apple, lemon chia seed dressing	24
Caesar Salad Cos lettuce, vegan parmesan, pork bacon, soft boiled egg, anchovy, crouton Chicken Grilled tiger prawn	24 26 29
Mystique Garden salad Mixed green, red cabbage, shredded carrot, avocado, radish, apple cider vinegar, olive oil Boiled egg Seared Maldivian tuna NZ Regal king smoked salmon	24 26 28 28
SOUP	
Borscht Cape Grim beef, vegetable, garlic	25
Chicken Sweetcorn Chicken, egg drop, corn, spring onion	24
Tomato Gazpacho Cherry tomatoes, basil, olive oil	22

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INFLUENCES OF ASIA	
Indonesian Nasi Goreng	34
Jasmine rice, Hazeldenes chicken, chili sambal, egg, chili pickle	
Stir-Fried Noodles	34
Egg noodles, egg, prawn, garlic, vegetables	
Maldivian Mas Riha Traditional Maldivian tuna curry, rice, curry leaf, mashuni, chapati	32
Indian Vegetable Curry Mixed vegetables, curry leaf, rice, paratha, chutney	28
Phad Thai n	
Rice noodles, vegetable, bean sprout, egg, peanuts	28
Hazeldenes chicken Prawn	32 34
TTQWIT	5 1
PASTA	
Seafood Spaghetti Prawn, scallop, reef fish, mussel in tomato sauce	34
Spaghetti Bolognaise	34
Cape Grim beef sauce, Pomodoro	
Penne Carbonara	32
Cured pork, black pepper, egg	
Tuna Orecchiette	32
Turmeric, tomato, mas mirus, crispy curry Leaf	
Broccoli Orecchiette Chilli flakes, lemon zest	28
Penne Arrabbiata	28
Garlic, pomodoro, red chilli	20
Spaghetti Aglio E Olio	28
Fresh chilli flakes, olive oil, parsley, crispy garlic	
BURGERS & SANDWICHES	
Ethical Burger n	36
Cape Grim Beef, Dingley Dell bacon, egg, kulha fila greens, cucumber pickle, banana ketchup, oyster mushroom, almond flaxseed roll	30
Amilla Beef Burger	34
Fried egg, gem lettuce, tomato, caramelized onion, pork bacon	54
Amilla Club Sandwich Poached chicken, Dingley Dell pork bacon, tomato, mayonnaise, fried egg, lettuce	32
Warm Chicken Tikka Wrap White onion, cucumber, tomato, cucumber yoghurt	30
Vegetarian Ciabatta	30
Grilled eggplant, zucchini, bell pepper, rocket salad, basil pesto mayo	
Falafel Burger	28
Chickpea, beetroot, lettuce, tomato	
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MAIN

Seafood platter Lobster tiger prawn, calamari, reef fish, scallop, tartare sauce, vierge sauce, French fries, corn	88*
Cape Grim Beef Ribeye 200g <i>a</i> Mashed potato, sauteed vegetables, mushroom, red wine jus	52*
Seared Salmon NZ Regal King salmon, homegrown bok choy, garlic, wasabi tamari sauce	40
Locally Caught Tuna Steak Sautéed spinach, mash, herb oil	38
Marinated Chicken Hazeldenes chicken, mushroom, spinach, garlic	38
Reef Fish of The Day Grilled vegetables	36
Cauliflower Steak Cauliflower purée, capers, raisin	32
SIDES	
Grilled Asparagus	11
Mixed Leaves Salad	9
Sweet Potato Fries	9
Roasted Vegetables	8
French Fries	8
DESSERT	
Coconut Panna Cotta	22
Date Bar	22
Coconut Crème Brûlée	20
Homemade Sorbet	0

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	Small	Large
Joe's Signature Truffle Pizza	32	38
Home-grown mushroom and thyme duxelle, truffle salsa, rocket leaves, taleggio		
Four Cheese Pizza	36	40
Gorgonzola, mozzarella, goat cheese, brie, herbs, home-grown rocket leaves		
Parma Ham Pizza (pork)	28	35
Parma ham, capers, parmesan flakes, rocket leaves		
Margherita Pizza	28	32
Home-grown basil mozzarella		
Classic Vegetarian Pizza	24	32
Semi-dried tomato, artichoke, home-grown mushrooms, zucchini, eggplant, olives	2 '	32
Tandoori Chicken Pizza	29	34
Tandoori chicken, makhani gravy, mozzarella, coriander, onion		
Maldivian Pizza	25	35
Maldivian tuna, onion, home-grown chilli, curry leaf, mozzarella, tomato,		
coconut flakes from The Nut		
Seafood Pizza	34	40
Local crab, scallop, calamari, prawns, mozzarella, parsley		
Lobster Pizza	38	44
Lobster, home-grown basil, home-grown cherry tomato, chilli, mozzarella,		
garlic oil		
Meat Lovers Pizza (pork)	32	38
Smoked ham, salami, bacon, gherkins, mozzarella, home-grown basil		
Nutella & Banana Pizza <i>n</i>	26	32
Hazelnut & chocolate paste, local banana, crispy hazelnut		

Wellness Your Way: Low-Carb and Gluten-Free bases, and Vegan Mozzarella are available upon request.



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Sustainable Amilla

At Amilla Resort and Residences, we are committed to providing quality meat products and ingredients. Our meats come from farmers who raise their animals with humane protocols. Animals that are allowed to roam freely and eat foods that are natural to them. To do this, we have partnered with the following suppliers.

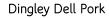


Cape Grim Beef



Tasmania is world-renowned for its rugged wilderness, pristine beauty and landscape of vivid contrast. Cape Grim in the far northwest corner, shaped by wild Southern Ocean swells, abundant rainfall has the cleanest air in the world.

Raised on rich pastures with nothing else added, Cape Grim Beef is hand-selected and rigorously graded, rewarding you with pure beef flavor made by nature.





Third-generation UK family farmers and brothers with a deep love and respect for the countryside and agriculture. Starting 15 years ago with the philosophy of animal welfare, taste and sustainability.

For them it is a privilege to work with animals and it is their belief that it is the human-animal relationship that defines welfare. This is what is cultivated at farm level.

The Dingley Dell Farm is also helping to save bumble bees through vast planting of wild flowers on 33.8 hectares of land.



Maldivian Fish and Seafood

The Maldives promotes traditional and sustainable fishing methods. Net and drag line fishing are not allowed in the country. All local fish served in Amilla is caught with pole and line methods by small scale local fishermen. This supports not only healthy fish stocks but the local economy.

Regal King Salmon



Raised in the clean and cold waters of New Zealand's Marlborough sounds, Regal Marlborough King Salmon is known for its incredible flavor, color, texture and healthy omega-3 fatty acids. It's the unique mix of currents, water quality and temperatures.

Their farms are scattered through the cool, deep waters of Marlborough's pristine Pelorus and Queen Charlotte sounds. The salmon have plenty of room to grow with only 2% of the sea farm being occupied by salmon and the remaining 98% by water.

Hazeldenes Chicken



Farming free range chickens since 1960 as a proud family-owned company based at Lockwood, near Bendigo in Central Victoria. Their free-range birds have the ability to forage naturally and instinctively amongst grasses, weeds, bushes and trees in a secure environment. Their diet is supported with locally-supplied multi-grains, blended with spice extracts and essential oils, creating happy, healthy and tasty chicken.

They have state of the art facility for breeding and rearing chicks before moving them to the pastures.